

- **When**

Saturday & Sunday, October 18th & 19th, 2008.

- **Where**

The Marino Institute of Education, Griffith Avenue, Dublin 9

- **Times**

Registration: 8.30 - 9.00 am

Morning Session: 9.00 - 1.00 pm

Afternoon Session: 2.00 - 5.00 pm

- **Course Fees**

Workshop : €200

Deposit: €100

Accommodation: Marino Institute @ +353 (0) 1 8057760

Please fill out the Booking Form provided: (see attached)

Attach with: Cheques / Bankers Drafts made payable to:
Joe E. Keane, ICHP

And send to: Institute of Clinical Hypnotherapy & Psychotherapy
Therapy House, 6 Tuckey Street, Cork City, Ireland
Telephone No: (021) 4273575

- **Cancellations**

If made over 8 weeks prior to the event, all fees paid less an administration cost of €50 will be returned. If made within 8 weeks of the event, the full workshop fee will be retained. Suitable substitutions will be accepted.

- **Certification**

- (1) You will receive a Certificate in Medical Hypnosis documenting your participation in this Masterclass (suitable for framing).
- (2) Certification : Continuous hypnotherapy education Masterclass documenting ICHP Post Graduate Training for ICHP / Registration and your CV.

For further details or clarification contact:
ICHP, Therapy Ho., 6 Tuckey St., Cork, Ireland
Tel +353 (0) 21 4273575
Email: hypnosis@iol.ie

Institute of Clinical Hypnotherapy
& Psychotherapy

Post Graduate Training Programme
Continuous Hypnotherapy Education Masterclass

p r e s e n t s

Psycho Neuro-
Immunology &
Hypno-healing

f o r

Healthcare Professionals
Hypnotherapists / Hypnoanalysts
Psychotherapists / Counsellors / Therapists

w i t h

Jane Bannister

**Saturday & Sunday,
October 18th & 19th, 2008**

Psychoneuroimmunology

Psychoneuroimmunology is a rather new science which strives to understand the interactions between the immune system, being the defence apparatus against ill making intruders or malfunctioning cells of an organism, the nervous system, control of all body functions and, the more difficult to define, psyche (PS)

As early as the beginning of the last century different investigators started to observe interactions between molecules of the nervous system (NS) and the immune system (IS). However, these investigations were soon forgotten and research focused on the effects of stress on endocrine variables. Many years later G.F. Solomon published a paper entitled "Emotions, Immunity and Disease". In this paper the word Psychoneuroimmunology (PNI) was coined for the first time. Another 20 years later Ader & Cohen summarised an impressive amount of data showing functional interaction between NS, IS and neuroendocrine system (NES). Although one domain of the PNI research focused mainly on the "material" side of the interactions between IS, NS and NES a second direction started to investigate the psychosocial components influencing immunity and its effects on health and disease. PNI offers an opportunity to integrate a mindless body medicine with a bodiless mind medicine and might offer answers on the heterogeneous reactions of humans in obvious similar situations in health and disease.

Workshop

This Masterclass offers the Hypnotherapist the chance to learn from the work of some of the most exciting healers today. Thousands of medical personnel and psychotherapists around the world are going beyond conventional thinking. They are using the power of the imagination to unite body and mind to help heal chronic disease and pain. On this weekend course you will learn how to harness the power of the subconscious mind to create a dramatic difference for your clients who suffer from physical illness.

Jane Bannister has been teaching these techniques to doctors and nurses

at hospitals and hospices in the United Kingdom, and to therapists in India. She hopes you will join her on this weekend to learn how hypnotically induced imagery can make a real healing difference to patients with cancer, multiple sclerosis, AIDS, chronic fatigue syndrome and other immune system disorders.

You will be guided through specific exercises to change negative beliefs and imagery to stimulate the body's own healing forces. Insightful case histories and plenty of hands on practice will show you how to use these techniques and help you move from pure hypnotherapist to all-round healer at the inner mind level.

As always with Jane's Masterclasses, a large number of very practical and useable scripts will be provided in the manual accompanying this workshop.

The journey to health often lies for your clients through an exciting adventure to find what their unique talents and abilities are meant to be used for. Healing the body is often the first step to creating a more fulfilling life. This weekend aims to introduce you to the colour, light and laughter which is essential to healing. Come along to learn about profound changes in our understanding of the body mind connection, and enjoy the fun of discovery for yourself.

Jane Bannister

Jane Bannister BA, DCH, MBSCH, (DIST) was a teacher and part-time lecturer in practical psychology for a local education authority. She now lectures for a college of clinical hypnotherapy. She has pioneered the use of EMDR with the psychotherapeutic setting. She has taught workshops in visualisation for many years, and has written many magazine articles and two books on self hypnosis and visualisation. Ten years ago she set up the 'Mindpower' organisation in New Delhi, India, to train people in the uses of visualisation. Jane has been invited over from England by ICHP to teach Post-Graduate Hypnotherapy Training for our members and students.

Jane Bannister - Psychoneuroimmunology - October 18th & 19th, 2008

Please complete and return to:

Joe Keaney, Institute of Clinical Hypnotherapy & Psychotherapy, Therapy House, 6 Tuckey Street, Cork City.
Tel (021) 4273575 E-mail: hypnosis@iol.ie www.hypnosisseire.com

PLEASE BOOK ME FOR THE ABOVE WORKSHOP

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ADDRESS: _____

TEL NO: (HOME): _____ (WORK): _____

I/we would like to enrol for the above Workshop. I/we enclose a €100 deposit for each place and understand that the balance is due on the first day of the workshop. Cheques should be made payable to Joe Keaney ICHP. (Cost of Workshop : €200)

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